

### **Lean on Me**

Wednesdays, November 15, AND

November 22, 2017

9:00 am - 4:00 pm

Location: Kinsmen Recreation Centre, 20 Granville St.

*\*must attend both days for certificate*

### **Journal Café**

Tuesdays

September 12 - October 31, 2017

9:30 am - 11:30 am

Location: Richmond Woods, 200 N. Centre Rd.

### **Journal Squad**

Mondays

September 11 - December 18, 2017

1:00 pm - 3:00 pm

Location: Kiwanis Seniors Centre, 78 Riverside Dr.

### **Save the Date:**

Stepping Out Safely

Saturday, October 14, 2017

9:45 am - 2:00 pm

Cost: \$7

Registration opens on August 16, 2017

Register by calling 519-661-5575

Location: Kiwanis Seniors Community Centre  
78 Riverside Dr.



# **Third Age Outreach**

## ***Program Starting Dates for***

## ***Fall 2017***

*(See our brochures for program descriptions )*

Third Age Outreach is located at the:

**Kiwanis Seniors**

**Community Centre**

**78 Riverside Drive**

To register or for more information

On any of these programs

please call 519-661-1621 or 519-661-1620

or visit our office

[www.thirdageoutreach.ca](http://www.thirdageoutreach.ca)

## **ASAP**

Tuesdays and Thursdays starting:

September 19, 2017

1:00 pm - 2:00 pm

**Location:** Horton St. Seniors Centre,  
184 Horton St.

## **Fully Alive**

Thursdays

September 14 - November 2, 2017

1:00 pm - 3:00 pm

**Location:** Kiwanis Seniors Centre,  
78 Riverside Dr.

## **Grey Matters**

Wednesdays

September 20 - November 8, 2017

10:30 am - 12:30 pm

**Location:** Boyle Community Centre, 530 Charlotte St.

\*Note this is a City of London Spectrum Program

Phone 519-661-5575 Code#291119 to register

## **Living Life on Purpose**

Thursdays

September 21 to October 26, 2017

1:00 pm - 3:00pm

**Location:** Stronach Community Centre,  
1221 Sandford Street



## **TAAPS**

Tuesdays and Thursdays starting:

September 12, 2017

2:00 pm - 3:00 pm

**Location:** Horton St. Seniors Centre, 184 Horton St.

## **Acorns & Oak Trees**

2nd Wednesday of the month from

October to June, starting October 11, 2017

10:00 am - 11:30 am

**Location:** Kinsmen Recreation Centre, 20 Granville St.

## **TACT-Computer Classes**

Various Days & Times of the Week

Starting the week of September 11, 2017

**Location:** Kiwanis Seniors Centre, 78 Riverside Dr.

## **Widows and Widowers**

Thursdays

September 21 - November 9, 2017

10:00 am - 12:00 pm

**Location:** Kiwanis Seniors Centre, 78 Riverside Dr.

## **Trailblazers**

Every Friday Ongoing

1:00 pm - 3:00 pm

**Location:** Kiwanis Seniors Centre, 78 Riverside Dr.

