

Lean on Me

Wednesdays, March 1, AND March 8, 2017

9:00 am - 4:00 pm

Location: Kinsmen Recreation Centre

**must attend both days for certificate*

Journal Café

Tuesdays

March 21 - May 2, 2017

10:00 am - 12:00 pm

Location: To be announced

Journal Squad

Mondays

January 9 - May 29, 2017

1:00 pm - 3:00 pm

Location: Kiwanis Seniors Community Centre

Save the Dates:

REXPO Recreation and Leisure Fair

Saturday, April 8, 2017

10:00 am - 2:00 pm

Location: Kiwanis Seniors Community Centre

Age Friendly London Conference

Wednesday, June 28, 2017

8:30 am - 3:00 pm

Greek Hellenic Centre



Third Age Outreach

Program Starting Dates for

Winter & Spring 2017

(See our brochures for program descriptions)

Third Age Outreach is located at the:

Kiwanis Seniors

Community Centre

78 Riverside Drive

To register or for more information

On any of these programs

please call 519-661-1621 or 519-661-1620

or visit our office

www.thirdageoutreach.ca

ASAP

Tuesdays and Thursdays starting:

March 21 - June 29, 2017

1:00 pm - 2:00 pm

Location: Horton Street Seniors Centre

Fully Alive

Monday

May 29 - July 24, 2017

1:30 pm - 3:30 pm

Location: Kiwanis Seniors Community Centre

Trailblazers

Every Friday except April 14 (Good Friday)

January 6, 2017 - ongoing

1:00 pm - 3:00 pm

Location: Kiwanis Seniors Community Centre

LEAP

Mondays

March 20 - May 15, 2017

1:30 pm - 3:30 pm

Location: Kiwanis Seniors Community Centre

TACT

Various Days & Times of the Week

Starting in March 13, 2017

Location: Kiwanis Seniors Community Centre

TAAPS

Tuesdays and Thursdays starting:

March 7 - May 4, 2017

2:00 pm - 3:00 pm

Location: Horton Street Seniors Centre

Acorns & Oak Trees

2nd Wednesday of the month from

October to June

10:00 am - 11:30 am Locations vary

Grey Matters

Wednesdays

April 5 - May 24, 2017

10:30 am - 12:30 pm

Location: Boyle Community Centre

Westmount Gathering Place

Every Monday

January 9, 2017 - ongoing

9:00 am. - 12:00 pm

Location: Village Green Church

Widows and Widowers

Thursdays

March 2 - April 20, 2017

10:00 am - 12:00 pm

Location: Kiwanis Seniors Community Centre

