



### **Lean on Me**

Wednesdays, March 21, AND

March 28, 2018

9:00 am - 4:00 pm

Location: Kinsmen Recreation Centre, 20 Granville St.

*\*must attend both days for certificate*

### **Journal Café**

Tuesdays

January 16 to March 6, 2018

9:30 am - 11:30 am

Location: Richmond Woods, 200 N Centre Rd

### **Living Life on Purpose**

Thursdays

January 25 to March 15, 2018

1:30 pm - 3:30pm

Location: Riverside United Church, 695 Riverside Dr.

### **Save the Date:**

Rexpo-Recreation and Leisure Fair

Demonstrations, exhibits and entertainment!

Saturday, April 7, 2018

10:00 am - 2:00 pm

Free and no registration required!

Cash BBQ available

Location: Kiwanis Seniors Community Centre

78 Riverside Dr.

# **Third Age Outreach**

## ***Program Starting Dates for***

## ***Winter 2018***

*(See our brochures for program descriptions )*

Third Age Outreach is located at the:

**Kiwanis Seniors**

**Community Centre**

**78 Riverside Drive**

To register or for more information

On any of these programs

please call 519-661-1621 or 519-661-1620

or visit our office

[www.thirdageoutreach.ca](http://www.thirdageoutreach.ca)

### **ASAP**

Tuesdays and Thursdays starting:

January 2018

1:00 pm - 2:00 pm

Location: Horton St. Seniors Centre,  
184 Horton St.

### **LEAP**

Mondays

March 5 to April 30, 2018

10:00 am - 12:00 pm

Location: Kiwanis Seniors Centre, 78 Riverside Dr.

### **Grey Matters**

Wednesdays

April 18 to June 6, 2018

10:30 am - 12:30 pm

Location: Boyle Community Centre, 530 Charlotte St.

\*Note this is a City of London Spectrum Program Phone  
519-661-1621 to be on our call list. Registration opens in  
February.

### **A Time for Me**

Mondays

1:30 pm - 3:30 pm

January 15 to June 25, 2018

Location: Kiwanis Seniors Centre, 78 Riverside Dr.



### **TAAPS**

Tuesdays and Thursdays starting:

March 2018

2:00 pm - 3:00 pm

Location: Horton St. Seniors Centre,  
184 Horton St.

### **Acorns & Oak Trees**

2nd Wednesday of the month from

January to June, 2018

10:00 am - 11:30 am

Location: Kinsmen Recreation Centre, 20 Granville St.

### **TACT-Computer Classes**

Various Days & Times of the Week

Starting the week of January 22 to February 26, 2018

Location: Kiwanis Seniors Centre, 78 Riverside Dr.

### **Widows and Widowers**

Thursdays

March 22 to May 10, 2018

10:00 am - 12:00 pm

Location: Kiwanis Seniors Centre, 78 Riverside Dr.

### **Trailblazers**

Every Friday Ongoing

1:00 pm - 3:00 pm

Location: Kiwanis Seniors Centre, 78 Riverside Dr.

