

Who We Are

Third Age Outreach

SPECIALIZED GERIATRIC SERVICES

Third Age Outreach is part of St. Joseph's Health Care London's Specialized Geriatric Services program. This unique hospital outreach service is located in the City of London's Kiwanis Seniors' Community Centre.

Third Age offers programs, educational courses, group activities and therapeutic recreation promoting wellness, personal development, independence and improved quality of life for seniors.

If you are interested in any of these programs or would like additional information, please call the **Third Age Outreach** office.

Third Age is a member of the Age Friendly London Network and Stepping Out Safely!

Watch for our recreation and leisure fair for people thinking of retiring. "REXPO" is coming soon!!

Third Age Outreach

Location and Information

Hours:

8:30 am - 4:30 pm

Monday to Friday

Location:

Third Age Outreach

Kiwanis Senior Centre

78 Riverside Drive

Telephone:

519 661-1621 or

519 661-1620

Website:

www.thirdageoutreach.ca

CARING FOR THE
BODY, MIND & SPIRIT
SINCE 1869

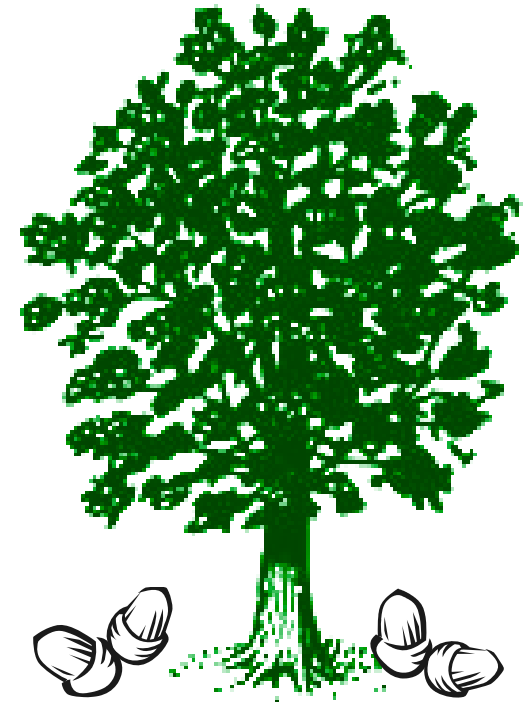


sjhc.london.on.ca

Third Age Outreach

Acorns and Oak Trees

Acorns and Oak Trees is:
an intergenerational program, matching
older adults with children



Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

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What is Acorns and Oak Trees?

Acorns and Oak Trees is an intergenerational program, matching older adults with children from London Christian Academy

If you enjoy:

- Children
- Games
- Activities
- Crafts
- And much more

Then this is the program for you! Acorns and Oak Trees helps foster the relationship between generations as well as helps individuals to feel more connected to their communities. Each month seniors and children engage in a variety of new and exciting activities together creating memorable experiences.

**Call Third Age Outreach to register
at 519-661-1621**

Schedule for 2019 - 2020

1. Wednesday, October 9th, 2019
London Christian Academy
2. Wednesday, November 13th, 2019
Kinsmen Arena and Recreation Centre
3. Date to be determined
London Christian Academy
4. Wednesday, January 8th, 2020
Kinsmen Arena and Recreation Centre
5. Wednesday, February 12th, 2020
Kinsmen Arena and Recreation Centre
6. Wednesday, March 11th, 2020
London Christian Academy
7. Wednesday, April 8th, 2020
Kinsmen Arena and Recreation Centre
8. Wednesday, May 13th, 2020
London Christian School
9. Wednesday, June 10th, 2020
Royalcliffe Retirement Community

The program time is from
10:00 am - 11:30 am
unless otherwise noted

Location

Locations:

**Kinsmen Arena and
Recreation Centre,
20 Granville St.**

(end of Barrington Ave off of Wharncliffe Rd
between Oxford St and Riverside Dr)

London Christian Academy

85 Charles St.

(off Mount Pleasant Ave)

Sponsored By:

Third Age Outreach

City of London

Royalcliffe Retirement Home

London Christian Academy