

Community Partners



London
CANADA

City of London,
Kiwanis Seniors Community Centre
78 Riverside Drive,
London, N6H 1B4
519-661-5740



Third Age Outreach
Specialized Geriatric Services
St. Joseph's Health Care London
Our office is located in the
Kiwanis Seniors Community Centre
78 Riverside Drive,
London, N6H 1B4
519-661-1621

Location and Information

Hours:

8:30 am - 4:30 pm
Monday to Friday

Location:

Third Age Outreach
Kiwanis Senior Centre
78 Riverside Drive

Telephone:

519 661-1621 or
519 661-1620

Website:

www.thirdageoutreach.ca

CARING FOR THE
BODY, MIND & SPIRIT
SINCE 1869



sjhc.london.on.ca

Third Age Computer Teaching (TACT)

For Beginners

Computer technology:
Taught to seniors, by seniors



CARING FOR THE
BODY, MIND & SPIRIT



Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

What is TACT

Third Age Computer Teaching (TACT) is a computer instruction program that has been designed for seniors, by seniors

This program is staffed by computer savvy senior volunteers.

The initial funding was provided by the New Horizon's for Seniors Community Participation and Leadership Grant Program

All lessons are one on one!

Our Lessons

- 📖 **Personalized** to suit your individual needs
- 📖 **Taught** by knowledgeable, professional senior volunteers in a comfortable, stress-free environment
- 📖 **6 week** commitment required
- 📖 **Free** of charge!

Call Third Age Outreach
For upcoming class information
519-661-1621

Come on Seniors Don't be afraid!

Don't get left off of the information superhighway!

Learn the basics from how to turn your computer on and off, how to use a mouse and keyboard, web browser, computer technology, emailing, social media such as the Internet, Facebook, Skype, safe surfing, playing games, uploading pictures and much more

You are NEVER too old to learn something new!!