

### Community Partner



London  
CANADA

City of London,  
Kiwanis Seniors Community Centre  
78 Riverside Drive,  
London, N6H 1B4  
519-661-5740



Third Age Outreach  
Specialized Geriatric Services  
St. Joseph's Health Care London

### Location and Information

#### Hours:

8:30 am - 4:30 pm  
Monday to Friday

#### Location:

Third Age Outreach  
Kiwanis Seniors  
Community Centre  
78 Riverside Drive

#### Telephone:

519 661-1621 or  
519 661-1620

#### Website:

[www.thirdageoutreach.ca](http://www.thirdageoutreach.ca)

CARING FOR THE  
BODY, MIND & SPIRIT  
SINCE 1869



[sjhc.london.on.ca](http://sjhc.london.on.ca)

# Third Age Computer Teaching (TACT)

## For Beginners

Computer technology:  
Taught to seniors, by seniors



CARING FOR THE  
BODY, MIND & SPIRIT



Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

## What is TACT

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### Third Age Computer Teaching (TACT)

is a computer instruction program that has been designed for seniors, by seniors

The program is staffed by computer savvy senior volunteers. The initial funding was provided by the New Horizon's for Seniors Community Participation and Leadership Grant Program

All lessons are one on one!

Next classes start the week of January 16, 2017

Various days and times are available!

## Our Lessons

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- 📖 Personalized to suit your individual needs
- 📖 Taught by knowledgeable, professional senior volunteers in a comfortable, stress-free environment
- 📖 6 week commitment required
- 📖 Free of charge!

Call 519-661-1621 to register

All classes are held at the  
Kiwanis Seniors  
Community Centre

## Come on Seniors Don't be afraid!

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Don't get left off of the information superhighway!

Learn the basics from how to turn your computer on and off, how to use a mouse and keyboard, web browser, computer technology, emailing, social media such as the Internet, Facebook, Skype, safe surfing, playing games, uploading pictures and much more ....

You are NEVER too old to learn something new!!